

CLAIMS

I claim:

5 1. A combination stack weight selector and add-on assembly comprising:

 a selector/support member having a handle member and an elongate shaft member being securely attached to said handle member for selection of weights to be lifted on a weight-lifting
10 machine; and

 one or more weight members being supported upon said selector/support member.

 2. A combination stack weight selector and add-on assembly
15 as described in claim 1, wherein said handle member has a bore extending therein through an end thereof, and has a knurled exterior surface, and is cylindrical shaped.

 3. A combination stack weight selector and add-on assembly
20 as described in claim 2, wherein said elongate shaft member has a first end portion which is threaded into said bore of said handle member, and has a second end portion having a laterally-extended slot being disposed therein.

25 4. A combination stack weight selector and add-on assembly as described in claim 3, wherein said elongate shaft member also has a knurled exterior surface disposed between said first and second end portions.

30 5. A combination stack weight selector and add-on assembly as described in claim 4, wherein said selector/support member also

includes a spring member being securely disposed in said laterally-extended slot, and includes a ball member being attached to said spring member and being partially and biasedly exposed from said slot to effectively retain said second end portion of said elongate shaft member either in a support for the stack of weights or in one of the weights of the stack of weights which are to be lifted by the user.

6. A combination stack weight selector and add-on assembly as described in claim 5, wherein each said weight member has a hole being centrally-disposed therethrough and through which said elongate shaft member is removably extended to support and add-on said weight member to the stack of weights to be lifted by the user.

7. A combination stack weight selector and add-on assembly as described in claim 6, wherein said weight member is disc-shaped, and said hole is disposed along an axis thereof, said weight member being removably securely supported upon said knurled exterior surface of said elongate shaft member.